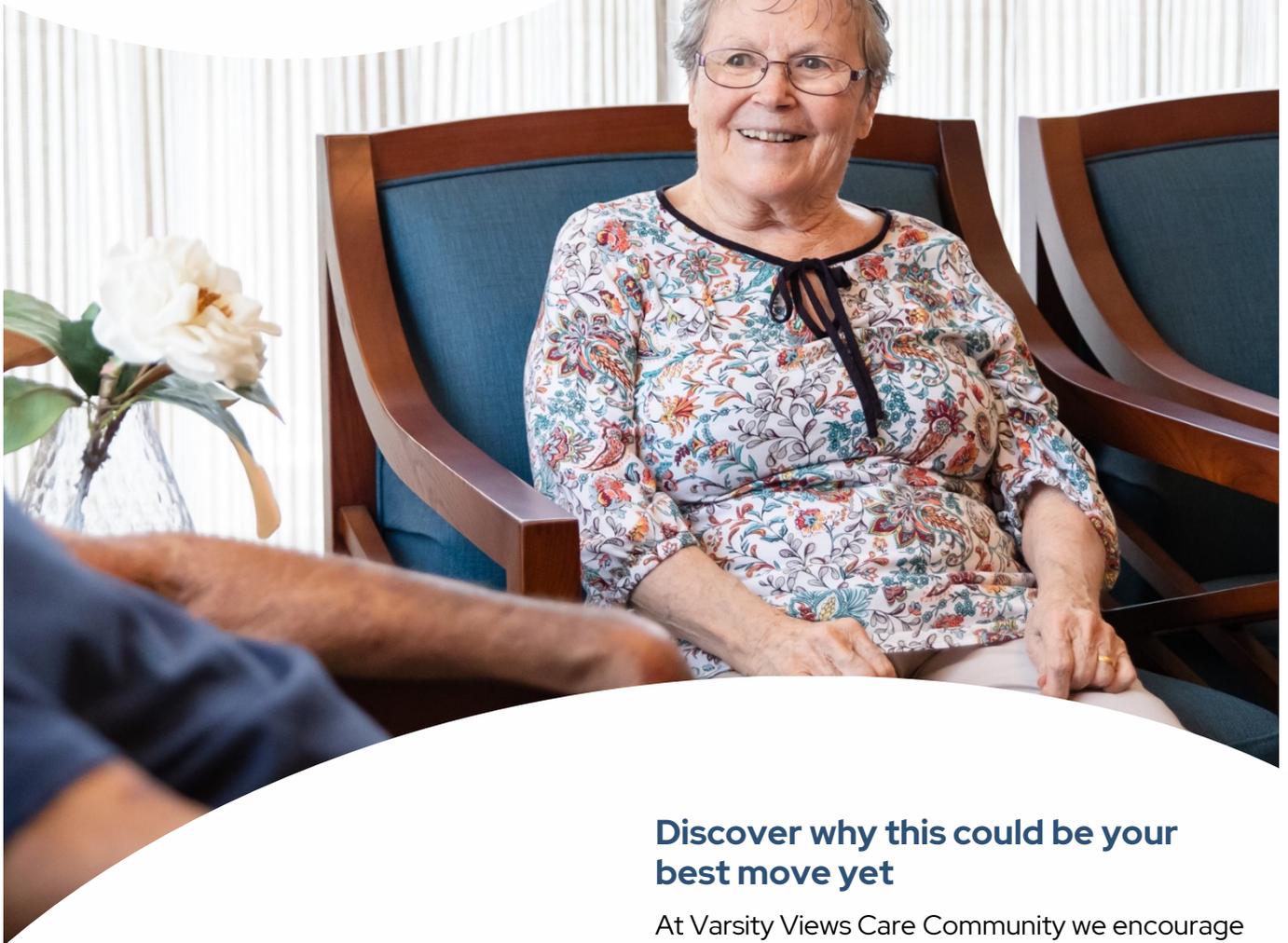




# Welcome to **Varsity Views** Care Community



## **Discover why this could be your best move yet**

At Varsity Views Care Community we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in the heart of the vibrant Gold Coast, our home is close to beautiful lakefront walks and local amenities, with the Gold Coast Hospital 15 minutes away. With spacious living areas and tropical gardens and courtyards, there are plenty of spaces to relax with family and friends or enjoy quiet moments of reflection. Our in-house café, The Hub, is a popular place to socialize and enjoy a coffee or tea and cake.

Ageing is living

# Experience the Opal HealthCare difference at Varsity Views



## Daily life

Our veggie garden is popular among our resident green thumbs who enjoy both planting and eating their produce. Others stay active through our group exercise and wellness program, and we have a robust calendar of activity involving our friends from the local primary, high school and university campuses. We enjoy visits from the local mobile petting zoo and hosting entertainers who perform in our courtyard which residents can enjoy either sitting outside or watching from their balconies.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings



## Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- Single rooms with ensuite, up to 27m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family