



# Welcome to **Sale Gardens** Care Community



## **Discover why this could be your best move yet**

At Sale Gardens Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Situated near the expansive Gippsland Lakes network, we are ideally located in a leafy, peaceful setting near to the bustling regional centre. Our warm and gracious home is nestled among beautiful landscaped gardens, with sunny and shaded sitting areas ideal for catching up with family and friends or enjoying moments of quiet reflection. We offer country-style hospitality with a strong sense of community at the heart of our home.

Ageing is living

# Experience the Opal HealthCare difference at Sale Gardens



## Daily life

Sharing cultural heritage through food and activities is important to our residents, and our menus are chosen together by our residents and chef. Residents are regular participants in the Sale Agricultural Show, sharing their cooking and crafting skills, and we're well-known in the community for our annual garden show which is also popular. Our resident green thumbs who enjoy tending our flower and vegie gardens, and others enjoy playing or listening to our beautiful organ.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Active community engagement
- Opal bus for community outings



## Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 3 room types, single with ensuite or companion, up to 25m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard areas
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 03 5142 1600

Email: [salegardens@opalhealthcare.com.au](mailto:salegardens@opalhealthcare.com.au)

Address: 12-14 Sale-Maffra Road, Sale VIC 3850

Website: [opalhealthcare.com.au](http://opalhealthcare.com.au)

Part of the  Opal HealthCare family