

# Welcome to



## Phillip Island Grove

Care Community



## Discover why this could be your best move yet

At Phillip Island Grove Care Community, we encourage our residents to live with meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support, and live your best life in our care.

Nestled in the heart of Cowes on iconic Phillip Island, our Care Community offers a charming, warm environment that feels just like home.

Outside, our sun-filled courtyards are popular for our water features and pergolas draped in wisteria. Step inside and enjoy our thoughtfully designed interiors and spacious common areas – welcoming spaces that encourage connection. Our café is a hub of activity where residents enjoy socialising with loved ones or catching up with friends.

Whether you're staying active through our group exercise programs or indulging at our hair and beauty salon, there's always an opportunity to embrace joy.

We support you to develop connections and friendships with others who share similar interests, and friends and family are always welcome.

Phillip Island Grove Care Community is an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.

**Our purpose is to *bring joy to those we care for.***

Part of the **Opal** HealthCare family

# Experience the Opal HealthCare difference at Phillip Island Grove



## Your community

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Café and bar
- Hair and beauty salon
- Library
- Non-denominational chapel
- Private dining room
- Landscaped courtyards with outdoor seating
- High-speed WiFi
- Foxtel
- In-house laundry service
- Parking for visitors



## Life with us

- Seasonal menus and chef-cooked meals
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life
- Bus outings
- Pet-friendly



## Your care

- Registered nurses onsite 24/7
- Permanent, respite, dementia and palliative care
- Experienced leadership and team
- Laundry service
- On-site chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy



## What's nearby

- Phillip Island Community Hospital
- Phillip Island Health Hub
- Phillip Island Library
- Phillip Island Bowling Club
- Public transport accessibility
- Cowes Beach
- Cowes Yacht Club
- Erehwon Point Reserve

## Get in touch

We'd love to support you in making the right decision for you and your loved one.

**Phone:** 03 5951 2500

**Email:** [phillipislandgrove@opalhealthcare.com.au](mailto:phillipislandgrove@opalhealthcare.com.au)

**Address:** 192 Thompson Ave, Cowes VIC 3922

**Website:** [opalhealthcare.com.au](http://opalhealthcare.com.au)

This is Bunurong Country



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**Ageing is living**

