



# Welcome to **Murdoch Gardens** Care Community



## **Discover why this could be your best move yet**

At Murdoch Gardens Care Community we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in a peaceful neighbourhood adjacent to Murdoch University with a retirement village next door, our home is just 20 minutes south of the Perth CBD. A spacious and elegant home with flourishing gardens, we have a warm, family-oriented atmosphere and encourage residents to stay connected with the local community. With a dedicated wellness centre opening in 2021, and a memory care neighbourhood offering a safe and inclusive environment for residents living with dementia, the health and wellbeing of our residents is at the heart of our care.

Ageing is living

# Experience the Opal HealthCare difference at Murdoch Gardens



## Daily life

Our residents enjoy staying active and participating in community life. Our thetrette is popular for movie afternoons and our theatre nights are an opportunity to take to the stage or sit back and enjoy the entertainment. We're a pet friendly home and welcome visits from animals large and small. Our resident gardeners tend to our flower beds and keep our plants looking beautiful.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Cycling Without Age outdoor experiences
- Opal bus for community outings
- Wellness centre for rehabilitation and restorative care



## Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 9 room types with private ensuites, with apartments up to 57m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Function space and thetrette
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 08 6332 6200

Email: [murdochgardens@opalhealthcare.com.au](mailto:murdochgardens@opalhealthcare.com.au)

Address: Discovery Way, Murdoch, WA, 6150

Website: [opalhealthcare.com.au](http://opalhealthcare.com.au)

Part of the  Opal HealthCare family