



# Welcome to **Mudgee Parklands** Care Community



## **Discover why this could be your best move yet**

At Mudgee Parklands Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in the scenic Cudgegong Valley in Central West NSW, our home is nestled in a quiet residential area across the road from parklands with easy access to bus routes straight into the heart of town. All the amenities of a regional town centre are just 5 minutes drive away. Our care community is a happy and loving place for people from all walks of life, with spacious indoor and outdoor living areas ideal for spending time with family and friends or enjoying moments of quiet reflection. We are known for our expert care and warm, country-style hospitality.

Ageing is living

# Experience the Opal HealthCare difference at Mudgee Parklands



## Daily life

We're a pet friendly home and enjoy visits from delightful pony, Joe. With many residents being lifelong locals in the region, farming interests are a common thread. Our green thumbs enjoy nurturing our veggie garden, taking fresh produce straight to the kitchen for our chef to cook up in hearty, home-style meals. We enjoy close ties with the Mudgee community and our companion model of care fosters a sense of family and belonging among residents.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Pet therapy
- Social activities
- Opal bus for community outings



## Home

- Comfortable rooms with king single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 30m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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