



# Welcome to our **Melbourne** Care Communities



**Altona  
Gardens**  
Care Community

**Meadow  
Heights**  
Care Community

**Epping  
Meadows**  
Care Community

**Somerville  
Gardens**  
Care Community

**Wantirna  
Views**  
Care Community

**Warrandyte  
Gardens**  
Care Community

## Discover why this could be your best move yet

Here at our Melbourne Care Communities we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

We offer our residents courtyards and gardens which create peaceful spaces to spend time with family and friends, or have moments of quiet reflection.

Our Care Communities are known for our expert care and warm and inviting hospitality, we are surrounded by the stunning Peninsula beaches, local shops, public transport and ideally positioned for residents and families to maintain strong connections with the community.

Ageing is living

# Experience the Opal HealthCare difference at Altona Gardens



## Daily life

Our residents enjoy all kinds of creative pursuits, be it singing, music, arts or crafts, or even the occasional game of bocce. Our gardens are a source of pleasure for many, and our elevated vegetable patch is nurtured by residents in our gardening club, who enjoy harvesting the fresh produce for our in-home chef to cook up at meal times.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Friendship and connection through Meaningful Mates
- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal bus for community outings



## Home

- Comfortable rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 2 room types, single or companion rooms, up to 24m<sup>2</sup>
- Homely lounge, dining and activity areas
- Landscaped gardens and large courtyards
- Barista coffee cart
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Secure memory care neighbourhood
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Phone: 03 8325 7600

Email: [altonagardens@opalhealthcare.com.au](mailto:altonagardens@opalhealthcare.com.au)

Address: 28 - 30 Rymill Court, Altona North, VIC 3025

Website: [Altona Gardens | Opal HealthCare](#)

**Our purpose is to bring joy to those we care for.**

Part of the  Opal HealthCare family

# Experience the Opal HealthCare difference at Epping Meadows



## Daily life

Residents enjoy tending our gardens, cooking and participating in creative arts. Music enthusiasts often play our piano and our sewing station is popular with residents who are handy with a needle and thread. When the weather's good, residents spend time outside on the terrace where alfresco dining is also available.

We have strong ties to the local community and our retirement village neighbours are part of our extended family, often joining in activities together. It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour and high tea
- Dedicated lifestyle team onsite
- Raised garden beds
- Music, art and pet therapy
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings



## Home

- Modern rooms feature single bed, bedside table, armchair, built-in wardrobes, flat screen TV and soft furnishings
- 4 room types, single or companion rooms up to 24m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and terrace
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Secure memory care neighbourhood
- Sensory gardens
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 03 8405 5200

Email: [eppingmeadows@opalhealthcare.com.au](mailto:eppingmeadows@opalhealthcare.com.au)

Address: 202 McDonalds Rd, Epping VIC 3076

Website: [Epping Meadows | Opal HealthCare](#)

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# Experience the Opal HealthCare difference at Meadow Heights



## Daily life

Our care community is a happy and loving place for people from all walks of life. When the sun's out residents put their green thumbs to work in our raised garden beds and enjoy harvesting the fresh produce for our chef to cook up delicious cuisine from around the world. Our resident-run Hands of Friendship program helps new residents to adapt to life in our home, and there is plenty to do with arts, craft and music all popular pastimes

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings



## Home

- Traditional style rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 3 room types, single or companion, up to 24m<sup>2</sup>
- Some single rooms feature a private ensuite
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 03 9303 6800

Email: [meadowheights@opalhealthcare.com.au](mailto:meadowheights@opalhealthcare.com.au)

Address: 90 Lightwood Crescent, Meadow Heights VIC 3048

Website: [Meadow Heights | Opal Health Care](https://www.opalhealthcare.com.au/meadowheights)

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# Experience the Opal HealthCare difference at Somerville Gardens



## Daily life

Residents look forward to our happy hour get-togethers, and our menfolk like to enjoy a beer and some friendly competition around the snooker table. Our beautiful Steinway baby grand piano is well-loved by our musical residents and our gardens are a haven for those who love to put their green thumbs to work.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings
- Wellness centre for rehabilitation and restorative care



## Home

- Modern rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 6 room types, single or companion, all with ensuites, up to 31m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 03 5977 9922

Email: [somervilegardens@palhealthcare.com.au](mailto:somervilegardens@palhealthcare.com.au)

Address: 22 Graf Road, Somerville VIC 3912

Website: [Somerville Gardens | Opal HealthCare](#)

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# Experience the Opal HealthCare difference at Wantirna Views



## Daily life

Our creative residents enjoy spending time on art projects, making craft or listening to music. We have many keen gardeners who keep their green thumbs busy tending to our elevated vegetable and herb gardens. We encourage residents to keep up connections within the community and our neighbours at the retirement village are regular visitors. Pets are warmly welcomed and residents delight in their companionship.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings



## Home

- Comfortable rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 25m<sup>2</sup>
- All rooms feature private ensuites
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

**Phone:** 03 9847 2500

**Email:** [wantirnaviews@opalhealthcare.com.au](mailto:wantirnaviews@opalhealthcare.com.au)

**Address:** 100 Harold Street, Wantirna VIC 3152

**Website:** [Wantirna Views | Opal HealthCare](#)

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# Experience the Opal HealthCare difference at Warrandyte Gardens



## Daily life

We're known as much for our spectacular rose gardens, which delight residents and families and keep our green thumbs busy year-round, as much as we are for our love of music. Our resident choir has been running for years and gets involved in everything from performing songs to playing music and musical bingo. Residents participate in daily walks, arts, craft and some enjoy building wooden wildlife boxes to donate to community organisations.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Pet, music and art therapy
- Herb gardens
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings
- Wellness Centre for rehabilitation and restorative care opening in 2021



## Home

- 7 room types, single and companion, both with ensuite, up to 33m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards
- Hair salon
- Welcoming communal spaces
- Function room



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

Phone: 03 9844 8000

Email: [warrandytegardens@opalhealthcare.com.au](mailto:warrandytegardens@opalhealthcare.com.au)

Address: 205 Warrandyte Road, Ringwood North VIC 3134

Website: [Warrandyte Gardens | Opal HealthCare](#)

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