

Welcome to



**Forest
Lake**
Care Community



Discover why this could be your best move yet

At Forest Lake Care Community we encourage our residents to live with meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support, and live your best life in our care.

Nestled in the leafy southwestern Brisbane suburb of Forest Lake, our Care Community offers a warm and inviting place to call home.

Our central lounge is the heart of our Care Community – a space to entertain loved ones or catch up with friends. We have three residential neighbourhoods, including one dedicated to memory care. Each has its own garden courtyard where residents can enjoy dappled sunlight, fresh air and the sounds of nature. And we offer shared spaces for reflection and activities, including our library, multimedia room, non-denominational chapel and landscaped gardens.

Whether you like to stay active through group exercise programs or enjoy being pampered at our hair and beauty salon, there's plenty to do individually and with fellow residents.

We support you to develop connections and friendships with others who share similar interests, and friends and family are always welcome.

Forest Lake Care Community is an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.

Our purpose is to *bring joy to those we care for.*

Part of the  **HealthCare** family

Experience the Opal HealthCare difference at Forest Lake Care Community



Your community

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Hair and beauty salon
- Library
- Non-denominational chapel
- Landscaped courtyards with outdoor seating
- High-speed WiFi
- Foxtel and streaming services
- In-house laundry service
- Parking for visitors



Life with us

- Seasonal menus
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life
- Bus outings
- Pet friendly



Your care

- Registered nurses onsite 24/7
- Permanent, respite, dementia and palliative care
- Experienced leadership and team
- On-site chef preparing fresh and nutritious meals
- Dedicated memory care neighbourhood
- Primary and allied health available including physiotherapy



What's nearby

- The Lake Parklands
- Forest Lake Shopping Centre
- Forest Lake Medical Centre
- Forest Lake Community Hall
- Forest Lake Indoor Bowls Club



Get in touch

We'd love to support you in making the right decision for you and your loved one.

Phone: 07 3110 7300

Email: forestlake@opalhealthcare.com.au

Address: 12 Tewanin Way, Forest Lake QLD 4078

Website: opalhealthcare.com.au

This is Yuggera Country



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Ageing is living

