



# Welcome to **Blacktown Terrace** Care Community



## **Discover why this could be your best move yet**

At Blacktown Terrace Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our state-of-the-art care home is located in the heart of Sydney's greater west, with easy access to transport, shopping and healthcare amenities. We offer generous accommodation, luxurious living areas, outdoor terraces and an on-site cafe to relax with friends and family. With numerous different countries of origin among our residents and team, our home is a diverse and vibrant community.

Unique to our home is our 'virtual train', an enjoyable interactive experience for residents and families that supports memory, reminiscence and socialisation.

**Ageing is living**

# Experience the Opal HealthCare difference at Blacktown Terrace



## Daily life

Music is part of the heart of our home. Our resident choir enjoy practicing and performing together, supported by our experienced music therapist. Art and creativity are popular and our knitting group has become known for contributing hand-knitted bears and rugs to local community charities, while our resident green thumbs nurture our veggie garden and delight in providing fresh greens for eating. We have strong relationships within the local community, including our local early learning centre.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Friendship and connection through Meaningful Mates
- Seasonal menus
- Dedicated lifestyle team onsite
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Modern rooms feature single bed, bedside table, armchair, built-in wardrobes, flat screen TV and soft furnishings
- 6 room types, single with private ensuite companion, up to 29.5m<sup>2</sup>
- Well appointed lounge and dining areas
- Landscaped gardens and courtyard area
- Baby grand piano
- Function space
- Onsite café
- Hair salon



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood with landscaped sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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