



# Welcome to **Belmore Place** Care Community



## **Discover why this could be your best move yet**

At Belmore Place Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in a quiet street between Belmore and Campsie in inner south west Sydney, our care community is an inclusive, welcoming environment for people from all walks of life. We have homely living spaces, cosy lounges, spacious courtyard and a sun-filled garden. There's easy access to amenities and public transport options and the Canterbury Hospital is only five minutes away. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging among residents.

**Ageing is living**

# Experience the Opal HealthCare difference at Belmore Place



## Daily life

Our herb gardens are popular with residents who enjoy cultivating fresh herbs for cooking, and those who like to spend time outdoors admiring the different varieties of plants. Sharing their cultural heritage through the food is important to our residents, and our menus are chosen together by our residents and chef. Music therapy offers comfort and stimulation for our music and song and has become part of the heart of our home.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Friendship and connection through Meaningful Mates
- Seasonal menus
- Dedicated lifestyle team onsite
- Music therapy
- Cultural and faith-based community supports
- Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Comfortable rooms feature single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 49m<sup>2</sup>
- Well-appointed lounge and dining areas
- Landscaped gardens and courtyard
- Raised vegetable beds



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Memory supports
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  HealthCare family