



# Welcome to **Annandale Grove** Care Community



## **Discover why this could be your best move yet**

At Annandale Grove Care Community we encourage our residents to live a life of meaning and purpose – that’s why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

We’re located in the peaceful, leafy heart of Sydney’s inner west, with easy access to local cafes, transport options and the CBD.

Our home is known for its warm and welcoming atmosphere, with cosy gardens, vibrant courtyards and a thriving vegie patch where we take seasonal fruit and vegetables straight from pot to plate.

**Ageing is living**

# Experience the Opal HealthCare difference at Annandale Grove



## Daily life

When the sun's out you'll see residents enjoying our light filled courtyards, chatting with family and friends, or enjoying our sensory gardens where there's always eggs to collect and tropical birds to admire. Our diverse mix of cultural heritage is a point of connection for residents and team, and is reflected in our menus. Music plays an important role in our days and we have an active group of card players who enjoy friendly competition..

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Friendship and connection through Meaningful Mates
- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Our companion model of care fosters a close sense of community and connection among residents.
- Thread Together partnership enabling residents to choose new clothing.



## Home

- Comfortable rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 36m<sup>2</sup>
- Single rooms feature private ensuite
- Well-appointed lounge and dining areas
- Landscaped courtyards with gardens
- Cosy communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  Opal HealthCare family