



Welcome to **Coffs Harbour Grange** Care Community



Discover why this could be your best move yet

At Coffs Harbour Grange Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located on the beautiful mid-north coast of New South Wales, our beautiful and light-filled Care Community has a warm and welcoming country charm and enjoys leafy district views. Our gardens are a peaceful place to spend time, and our spacious terrace provides covered alfresco dining options and a BBQ to enjoy when family and friends come to visit. We have a well-stocked library and our memory care neighbourhood provides a safe and inclusive environment with memory supports for residents who are living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Coffs Harbour Grange



Daily life

Our raised garden beds are popular with residents who enjoy cultivating flowers and herbs, or being outside admiring the different varieties of plants. Others prefer friendly competition around our billiards table or playing board games. There's plenty to do, whether engaging in arts, craft or music interests indoors or outdoors. Our wide covered balconies are ideal for our climate and we have a private dining room and children's play area for when family and friends visit.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Coffs Harbour Grange life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Dedicated Opal HealthCare bus for community outings
- Walking paths
- Sensory gardens



Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- All rooms are single with ensuite, up to 16m²
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Private dining room
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Permanent, respite, dementia and palliative care

Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **HealthCare** family