



Welcome to **Carine Parkside** Care Community



Discover why this could be your best move yet

At Carine Parkside Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located 15 minutes northwest of Perth, we are well-positioned near the stunning shores of North Beach, Karrinyup Shopping Centre and neighbouring parklands, with ample public transport options. Our Care Community is nestled amongst mature trees and manicured gardens, with spacious outdoor areas for and a playground for children. We have beautifully appointed dining areas, huge living spaces and access to large outdoor courtyards and balconies throughout offering the best of WA living. We have two secure memory care neighbourhoods with a memory garden.

Ageing is living

Experience the Opal HealthCare difference at Carine Parkside



Daily life

Our grand piano is a drawcard for music lovers, enjoying singalongs or simply relaxing and listening to tunes from across the ages. Staying active is important to our residents and many attend our in-home wellness centre. An expert team of physiotherapists, exercise physiologists and occupational therapists from our wellness partner, Concentric Rehabilitation, are here to help our residents achieve their mobility, independence or wellbeing goals.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Carine Parklands life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Cycling Without Age outdoor experiences
- Access to Opal HealthCare bus for community outings
- On-site wellness centre for personalised rehabilitation and restorative care programs.



Home

- Modern rooms feature single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 6 room types, single or companion with ensuite, up to 45.5m²
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Memory garden
- Permanent, respite, dementia and palliative care

Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 08 9378 5500

Email: carineparkside@opalhealthcare.com.au

Address: 29 Silica Road, Carine WA 6020

Website: opalhealthcare.com.au

Part of the  Opal HealthCare family