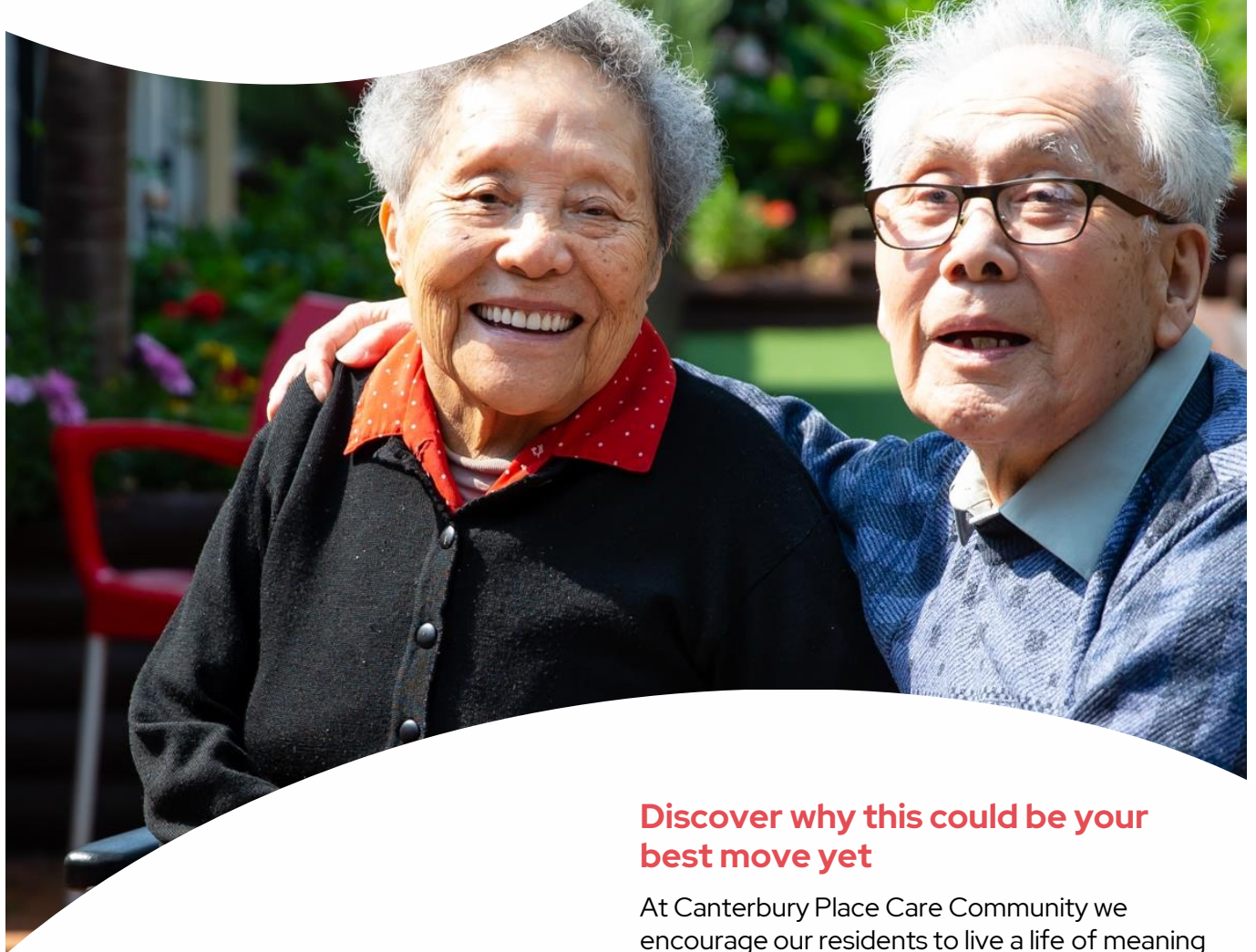




# Welcome to **Canterbury Place** Care Community



## **Discover why this could be your best move yet**

At Canterbury Place Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in a peaceful suburban street, with easy access to local shops, Campsie RSL and Belmore Sports Ground. We provide a happy and loving place for people from all walks of life, with tranquil gardens and courtyards ideal for enjoying visits from family and friends or quiet moments of reflection. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging among residents.

**Ageing is living**

# Experience the Opal HealthCare difference at Canterbury Place



## Daily life

When the sun's out our green thumbs enjoy tending to our plants and being out in the garden. Sharing their cultural heritage through the food is important to our residents, and our weekly menus are chosen together by our residents and chef. Our residents are actively engaged in their culture and have taught one another Mah-jong and calligraphy, how to cook favourite recipes, prepare yum cha, and brew traditional Greek and Lebanese coffee.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Canterbury Place life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings



## Home

- Comfortable rooms feature single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single or companion, up to 32m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Garden and courtyard areas
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family