



Welcome to **Bankstown Terrace** Care Community



Discover why this could be your best move yet

At Bankstown Terrace Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is modern, welcoming, elegant and full of life. Our excellent clinical care is complemented by a lifestyle where residents can socialise with friends and family at our onsite café, enjoy being pampered in our beauty salon, or soak up the district views from one of our many outdoor terraces.

Our Wellness Centre provides in-home rehabilitation services, and we have two memory care neighbourhoods and a memory garden for residents who are living with dementia.

**Scan here for more
images & information**



Ageing is living

Experience the Opal HealthCare difference at Bankstown Terrace



Daily life

We encourage our residents to pursue their interests, whether it be painting or art classes, singing in our resident choir, or enjoying our Virtual or Augmented Reality experiences that support cognition and reminiscence. We have an active group of card players who gather each afternoon for friendly competition, and our men's group enjoy visits to the sports club next door for a drink and a chat.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Wellness centre for reablement and restorative care



Home

- Modern single bedrooms with private ensuite bathroom
- Large terraced balconies
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Café with barista-style coffee
- Hair salon



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health services available
- Memory Care Neighbourhood
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Phone: 02 9708 9400

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Our purpose is to bring joy to those we care for.

Part of the  Opal HealthCare family