



# Welcome to **Auburn Glen** Care Community



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Ageing is living

## Discover why this could be your best move yet

At Auburn Glen Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located close to Auburn Park and five minutes from Auburn Central shopping centre, we offer a loving environment where people from all walks of life are warmly welcomed. The cultural diversity of our residents and team provides a point of connection that makes our Care Community special, and our companion model of care fosters a sense of family and belonging among residents. Our team members speak many languages which helps residents from culturally and linguistically diverse backgrounds to feel at home and participate in things that they enjoy.

# Experience the Opal HealthCare difference at Auburn Glen



## Daily life

Our raised garden beds are popular with residents who enjoy cultivating colourful flowers, and those who like to spend time outdoors admiring the different varieties of plants. Others prefer to play cards, and we have an active card group which meets daily for friendly competition. Sharing their cultural heritage through food is important to our residents, and our chef consults with residents to create our menu.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Traditional style single and companion bedrooms featuring bedside table, armchair, robe, flat screen TV, soft furnishings
- Well-appointed lounge and dining areas
- Landscaped courtyards with outdoor seating



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health services available
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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