

Welcome to



**Mulgrave
Rise**
Care Community

Discover why this could be your best move yet

At Mulgrave Rise Care Community, we encourage our residents to live with meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support, and live your best life in our care.

Set over three levels, Mulgrave Rise is a charming Care Community where we take great pride in our friendly and welcoming environment.

Featuring several open plan lounge rooms, there's plenty of space to relax and enjoy time with family and friends.

Our Care Community is designed to offer the best of indoor and outdoor living, with sun-dappled courtyards, balconies and terraces complemented by thoughtfully curated indoor sitting rooms and activity areas.

We're located next to Waverley Gardens Shopping Centre, giving you the convenience of popping out for a coffee or some light shopping if you wish.

We support you to develop connections and friendships with others who share similar interests.

Mulgrave Rise Care Community is an environment where you're free to enjoy doing things that are meaningful to you, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.

Our purpose is to *bring joy to those we care for.*

Part of the  **Opal HealthCare** family

Experience the Opal HealthCare difference at Mulgrave Rise



Your home

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge and dining areas
- Hair and beauty salon
- Library
- Activity room
- Sensory garden
- Landscaped courtyards with outdoor seating
- WiFi
- Foxtel in communal areas
- In-house laundry service
- Parking for visitors



Life with us

- Seasonal menus
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life
- Bus outings
- Men's lounge
- Pet friendly



Your care

- Registered nurses onsite 24/7
- Permanent, respite, dementia and palliative care
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood



What's nearby

- Monash Medical Centre
- Mulgrave Library
- Noble Park Community Centre
- Springvale Railway Station
- Waverley Gardens Shopping Centre
- Waverley Park

Get in touch

We'd love to support you in making the right decision for you and your loved one.

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This is Wurundjeri Country



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Ageing is living

