



# Welcome to **Bethania Parklands** Care Community



## Discover why this could be your best move yet

At Bethania Parklands Care Community, we encourage our residents to live with meaning and purpose. That's why understanding the big and the little details about how you like to enjoy each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Nestled in a quiet and leafy residential area in Brisbane's south, our Care Community has easy access to excellent local amenities. The nearby train station connects to Brisbane's CBD.

We offer welcoming living spaces in a modern yet homely environment, with personalised care delivered by our experienced team. With an accessible walking path through our expansive gardens, and a large Clubhouse with café and entertainment area, we encourage our residents to stay active and connected. Our two residential buildings feature spacious lounge areas designed for contemporary indoor and outdoor living. It's an ideal environment for spending time with loved ones and enjoying the tranquil surroundings.

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more images &  
information



**Ageing is living**

# Experience the Opal HealthCare difference at Bethania Parklands



## Daily life

Be it enjoying a walk around our lake, or creative pursuits such as music, arts and crafts, or having a cuppa with friends in our courtyard cafe, there's plenty to do at Bethania Parklands Care Community.

Residents can choose from a range of church services, many enjoy daily exercise, and we regularly hold concerts. We're co-located with Jeta Gardens retirement living and we foster a sense of community and belonging.

It's an environment where you can enjoy your interests, independently or with others, continue to learn and try new things, and participate in Bethania Parklands life – so you can enjoy your day, your way.



## Home

- Comfortable rooms with king single bed, bedside table, built in wardrobe, flat screen TV, soft furnishings
- Both shared and single rooms featuring a private ensuite
- Well-appointed lounge, dining and activity areas
- Landscaped courtyard gardens
- Monthly library service run in conjunction with Logan library
- Hair salon
- 2 Cafés
- Welcoming communal spaces



## Health & wellbeing

- Seasonal menus
- Dedicated lifestyle team onsite
- Social activities where participating in music, art, craft or personal interests is encouraged
- Opal HealthCare bus for community outings
- Monthly Delta dog therapy
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

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Our purpose is to bring joy to those we care for

Part of the  **Opal HealthCare** family