



Welcome to **Tweed Valley** Care Community



Discover why this could be your best move yet

At Tweed Valley Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Set amongst the leafy surrounds of the beautiful Terranora Valley, our Care Community enjoys a peaceful location while still being close to everything the coastal lifestyle has to offer. We offer country hospitality and a warm and inclusive environment. There are many peaceful courtyards for residents to sit and connect with family and friends. Inside you'll find comfortable lounge areas, games room and an extensive library to enjoy a good book.

Ageing is living

Experience the Opal HealthCare difference at Tweed Valley



Daily life

Our pool table plays host to friendly competition among residents while catching up over a coffee or a beer. Our resident gardeners tend to the planter boxes in the courtyard, and there's always great excitement when furry friends from the community come to visit. Our chef is also known for his legendary meat pies, the best in the region!

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings



Home

- Modern single and companion bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café with barista-style coffee
- Hair and beauty salon
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 07 5599 6900

Email: tweedvalley@opalhealthcare.com.au

Address: Carramar Drive, Tweed Heads West NSW 2485

Website: opalhealthcare.com.au

Part of the  **Opal HealthCare** family