

At Wallarah Point Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located on NSW's Central Coast with stunning views over Tuggerah and Budgewoi lakes and nearby beaches, our Care Community is warm and inclusive. Residents and their families can enjoy being close to the water, local Toukley shops and the Westfield Tuggerah Shopping Centre. Our Care Community features beautifully appointed living spaces, with single and companion rooms, all with ensuite bathroom. Our expansive outdoor areas with alfresco dining areas and water views provide peaceful spaces to enjoy time with family and friends.

# Experience the Opal HealthCare difference at Wallarah Point



## **Daily life**

We're a creative community with artists and craft enthusiasts who enjoy our knitting, wood working and painting groups, and our resident florists love creating beautiful arrangements in our dedicated flower room.

For those who are musiclovers, we encourage music and song around our grand piano and our foodies love taking part in our Chef masterclasses. We always look after one another with warmth and a friendly smile.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate - so you can enjoy your day, your way.



#### Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Active community engagement



#### **Home**

- Modern single and companion bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards
- Café with barista-style coffee
- Hair and beauty salon
- Welcoming communal spaces



- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care







### Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.



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Part of the Opal HealthCare family