



Welcome to **Wahroonga Place** Care Community



Discover why this could be your best move yet

At Wahroonga Place Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Conveniently located on Sydney's leafy upper north shore, our Care Community is a happy and loving place for people from all walks of life. Local shops and amenities are close by, with easy access to public transport routes. We have strong ties to the local community, including volunteers and local schools. We encourage loved ones to be involved in our Care Community life and residents take pleasure in organising activities of their choice. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging.

Ageing is living

Experience the Opal HealthCare difference at Wahroonga Place



Daily life

Musical gatherings, card groups, arts and crafts, a sewing circle and our monthly intergenerational play group are just some of the interests that bring our residents joy. Sharing their cultural heritage through the food is important to our residents, and our menus are chosen together by our residents and chef. Our resident-led social committee ensures there's something for everyone to enjoy.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings



Home

- Comfortable single and companion bedrooms with private ensuite bathroom
- Lounge, dining and activity areas
- Accessible courtyard
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **HealthCare** family