



# Welcome to **Somerville Gardens** Care Community



## **Discover why this could be your best move yet**

At Somerville Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in the picturesque Mornington region, minutes from the stunning Peninsula beaches, local shops, public transport, and seaside villages. We're ideally positioned for residents and families to maintain strong connections with the community. Our fragrant gardens are a delight for strolling, spending time by the koi pond with family and friends, or enjoying quiet moments of reflection. With well-appointed internal living and dining areas, our Care Community offers a warm and inviting environment with expert clinical and whole-of-person care.

**Ageing is living**

# Experience the Opal HealthCare difference at Somerville Gardens



## Daily life

Residents look forward to our happy hour get-togethers, and our men like to enjoy a beer and some friendly competition around the snooker table. Our beautiful Steinway baby grand piano is well-loved by our musical residents and our gardens are a haven for those who love to put their green thumbs to work.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings
- Wellness centre for rehabilitation and restorative care



## Home

- Comfortable single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair and beauty salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family