



# Welcome to **Shoalhaven Place** Care Community



## **Discover why this could be your best move yet**

At Shoalhaven Place Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located in picturesque Bomaderry on the South Coast of NSW, our Care Community is a warm and loving place for people from all walks of life. Local shops and amenities are nearby, and the Shoalhaven River and parklands are within easy access. Peaceful and well-appointed indoor and outdoor living areas provide welcoming spaces for family and friends to connect. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging among residents.

**Ageing is living**

# Experience the Opal HealthCare difference at Shoalhaven Place



## Daily life

Residents enjoy gardening and spending time outdoors in our courtyard amongst our colourful flower beds and tranquil water fountain. Our gardens are popular with residents who enjoy tending flower beds or simply spending time outdoors. Sharing their cultural heritage is important to our residents, and meal times are sociable occasions with our chef cooking hearty, home-style meals.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings



## Home

- Comfortable single and companion bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair and beauty salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family