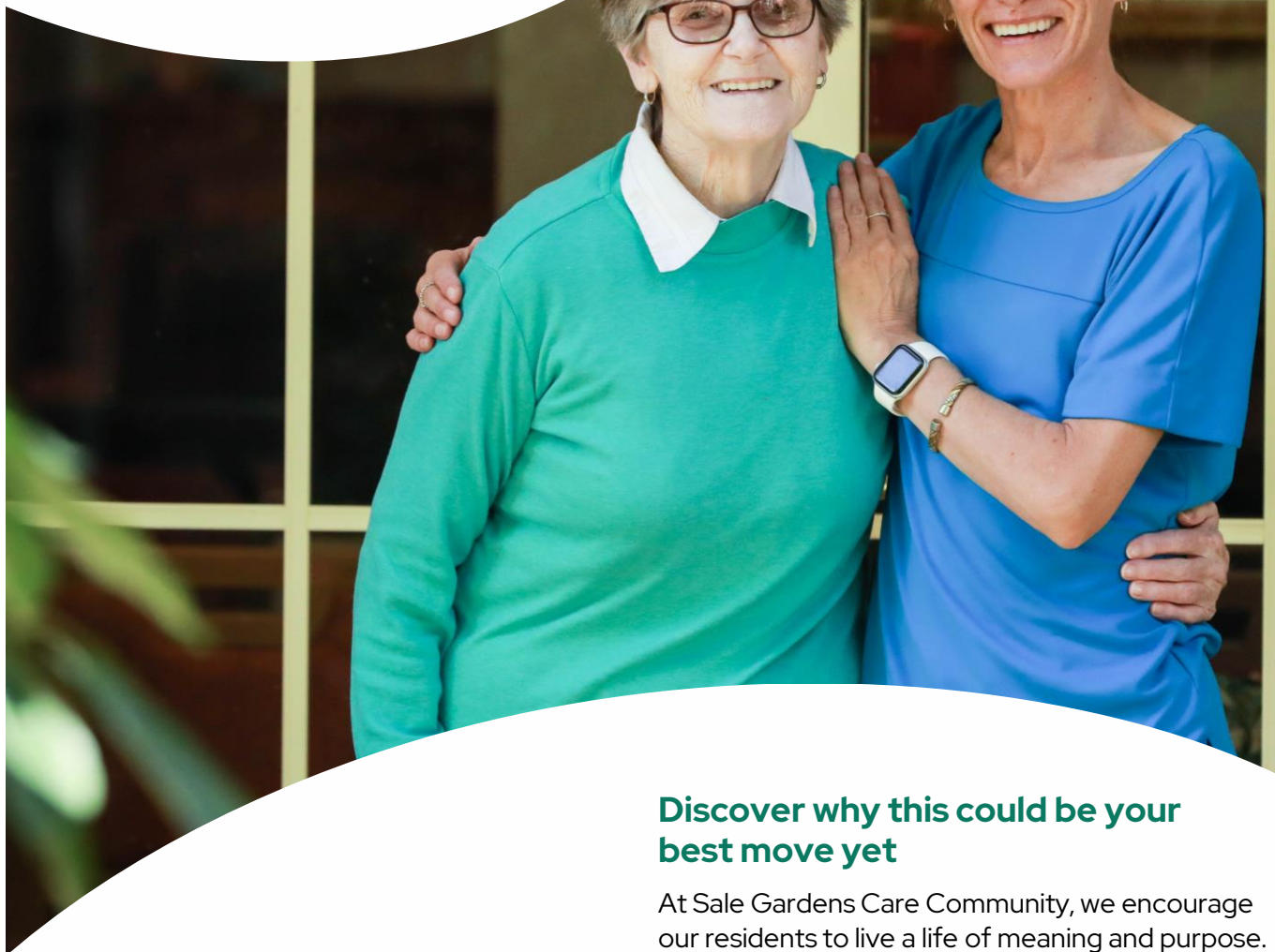




# Welcome to **Sale Gardens** Care Community



## **Discover why this could be your best move yet**

At Sale Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Situated near the expansive Gippsland Lakes network, we're ideally located in a leafy, peaceful setting near to the bustling regional centre. Our warm and gracious Care Community is nestled among beautiful landscaped gardens, with sunny and shaded sitting areas ideal for catching up with family and friends or enjoying moments of quiet reflection. We offer country-style hospitality with a strong sense of community.

Ageing is living

# Experience the Opal HealthCare difference at Sale Gardens



## Daily life

Sharing cultural heritage through food and activities is important to our residents, and our menus are chosen together by our residents and chef. Residents are regular participants in the Sale Agricultural Show, sharing their cooking and crafting skills, and we're well-known in the community for our annual garden show. Our resident green thumbs enjoy tending our flower and vegie gardens, while others enjoy playing or listening to our beautiful organ.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Active community engagement
- Bus outings



## Home

- Comfortable single and companion bedrooms featuring bedside table, armchair, robe, flat screen TV, soft furnishings
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Hair and beauty salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family