



# Welcome to **Blacktown Terrace** Care Community



## **Discover why this could be your best move yet**

At Blacktown Terrace Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our state-of-the-art care Care Community is located in the heart of Sydney's greater west, with easy access to transport, shopping and healthcare amenities. We offer generous accommodation, luxurious living spaces, outdoor terraces and an on-site cafe to relax at with friends and family. Our residents and team hail from many countries, fostering a diverse, vibrant community.

Unique to our Care Community is our 'virtual train', an enjoyable interactive experience for residents and families that supports memory and socialisation.

**Ageing is living**

# Experience the Opal HealthCare difference at Blacktown Terrace



## Daily life

Music is part of the heart of our Care Community. Our resident choir enjoy practicing and performing together, supported by our experienced music teacher. Art and creativity are popular and our knitting group has become known for contributing hand-knitted bears and rugs to local community charities, while our resident green thumbs nurture our veggie garden and delight in providing fresh greens. We have strong relationships within the local community, including our local early learning centre.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Modern single and companion bedrooms with private ensuite bathroom
- Well appointed lounge and dining areas
- Landscaped courtyards with outdoor seating
- Baby grand piano
- Café with barista-style coffee
- Hair and beauty salon



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

**Phone:** 02 9852 9600

**Email:** [blacktownterrace@opalhealthcare.com.au](mailto:blacktownterrace@opalhealthcare.com.au)

**Address:** 37 Kildare Road, Blacktown, NSW 2148

**Website:** [opalhealthcare.com.au](http://opalhealthcare.com.au)

Part of the  **HealthCare** family