



Welcome to **Bairnsdale Parklands** Care Community



Discover why this could be your best move yet

At Bairnsdale Parklands Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in scenic East Gippsland offering easy access to the Bairnsdale town centre. Nearby Gippsland Lakes offers the perfect setting for day trips in our bus.

Set amongst beautifully manicured gardens, our residents are spoilt for choice with many beautiful spots for staying active, socialising with family and friends or enjoying moments of quiet reflection. Our well-appointed living spaces are filled with light and all the comforts of home. We're known for our expert care and warm and inviting country hospitality.

Ageing is living

Experience the Opal HealthCare difference at Bairnsdale Parklands



Daily life

Our gardens are popular with residents who enjoy spending time outdoors admiring the different varieties of plants, growing fresh herbs for cooking, or taking daily walks. Music is part of the heart of our Care Community and our organ is popular for playing and singing along to tunes new and old. We encourage residents to pursue their interests be it painting, crafting or enjoying Virtual or Augmented Reality experiences that support cognition and reminiscence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



Home

- Modern single and companion bedrooms featuring bedside table, armchair, robe, TV, soft furnishings
- Some single rooms feature private ensuite and external access to gardens
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Hair and beauty salon



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Sensory gardens
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  HealthCare family