



Welcome to **Paynesville Gardens** Care Community



Discover why this could be your best move yet

At Paynesville Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in the beautiful Gippsland Lakes region surrounded by waterways and parklands, with all the amenities of a regional town just minutes away. Nestled among sprawling landscaped gardens and courtyards, we offer expert care and warm, country-style hospitality. Our Memory Care Neighbourhood provides a safe and inclusive environment for residents who are living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Paynesville Gardens



Daily life

Our Care Community is a music lover's delight, with residents playing instruments or enjoying listening to tunes new and old. Our pool table is the scene of friendly competition particularly among our men's group, and our gardens are a haven for residents who enjoy putting their green thumbs to work. We encourage our residents to pursue their interests be it painting or art therapy or enjoying Virtual or Augmented Reality experiences that support cognition and reminiscence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



Home

- Comfortable single and companion bedrooms featuring bedside table, armchair, robe, flat screen TV and soft furnishings
- Well-appointed lounge and dining areas
- Landscaped gardens and courtyard area
- Hair and beauty salon
- Welcoming communal areas



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Sensory gardens and memory supports
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care

Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 03 5153 8400

Email: paynesvillegardens@opalhealthcare.com.au

Address: 3 – 5 Fort King Road, Paynesville VIC 3880

Website: opalhealthcare.com.au

Part of the  **Opal HealthCare** family