



# Welcome to **Murdoch Gardens** Care Community



## Discover why this could be your best move yet

At Murdoch Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us - so we can help you feel at home, have the right support and live your best life in our care.

Located in a peaceful neighbourhood adjacent to Murdoch University with a retirement village next door, our Care Community is just 20 minutes south of the Perth CBD. A spacious and elegant residence with flourishing gardens, we have a warm, family-oriented atmosphere and encourage residents to stay connected with the local community. With a dedicated wellness centre and a Memory Care Neighbourhood offering a safe and inclusive environment for residents living with dementia, the health and wellbeing of our residents is at the heart of our care.

Scan here for  
more images  
and information



**Ageing is living**

# Experience the Opal HealthCare difference at Murdoch Gardens



## Daily life

Our edible gardens are perfect for residents with green thumbs who enjoy tending plants as the seasons change.

Our multi-purpose room is a vibrant hub of activities where we host a variety of events, from yoga sessions and lively bocce games to joyful happy hours and engaging resident and relative focus groups.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Home

- Modern single and companion bedrooms with private ensuite bathroom
- Well-appointed lounge and dining areas
- Landscaped courtyards with outdoor seating
- Café with barista-style coffee
- Hair and beauty salon



## Health & wellbeing

- Seasonal menus
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Pet-friendly and often have a mobile farm come to visit.
- Bus outings
- Wellness Centre for rehabilitation and restorative care



## Care

- Registered nurses onsite 24/7
- Experienced leadership team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

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