



# Welcome to **Melville Parkside** Care Community



## Discover why this could be your best move yet

At Melville Parkside Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located in the beautiful suburb of Myaree, our Care Community is in a quiet residential setting with easy access to all the shops, cafes and amenities of the Fremantle region. Neighbouring parklands and the bird lake of Marmion Reserve are at our doorstep. Our small and intimate Care Community is well established in the local community and residents enjoy strong local connections. With well-appointed living areas and spacious suites with kitchenette, we offer a homelike, inclusive environment. Our central courtyard with its tranquil fish pond is a lovely sheltered area to relax with loved ones or enjoy moments of quiet reflection.

Ageing is living

# Experience the Opal HealthCare difference at Melville Parkside



## Daily life

Our beautiful rose gardens and pond with giant goldfish are popular with residents. Known for our delicious, fresh-cooked meals, our chef and residents plan menus together. Our men's club brew their own beer and enjoy visiting the local brewery. We often socialise with our neighbours at Alfred Cove Care Community, a short walk away. We're pet-friendly and welcome animals of all description, including Blackjack the Clydesdale, who is loved by all.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings
- Cycling Without Age outdoor experiences



## Home

- Comfortable single bedrooms featuring bedside table, armchair, robe, flat screen TV, soft furnishings and
- Bedrooms have access to private courtyard
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Hair and beauty salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

**Phone:** 08 9424 0500

**Email:** [melvilleparkside@opalhealthcare.com.au](mailto:melvilleparkside@opalhealthcare.com.au)

**Address:** 15 Cottrill St, Myaree WA 6154

**Website:** [opalhealthcare.com.au](http://opalhealthcare.com.au)

Part of the  **Opal HealthCare** family