



Welcome to **Meadowbank Grove** Care Community



Discover why this could be your best move yet

At Meadowbank Grove Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community sets the bar for elder care living. Centrally located in the Ryde community, we're close to Meadowbank Park and many beautiful walkways along the Parramatta River. We have easy access to many transport options with hospitals, shopping centres and local villages nearby. Our Care Community features luxurious living spaces indoors and outdoors, with a spacious al fresco BBQ and dining area. Many of our well-appointed suites offer stunning district views across the Parramatta River. Our Memory Care Neighbourhood provides a safe and inclusive environment for residents who are living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Meadowbank Grove



Daily life

We provide a happy and social environment, where participating in music, art, craft or personal interests is encouraged. Residents enjoy playing or listening to our grand piano while gardening enthusiasts enjoy tending to our garden beds and herb gardens. Our chef uses the fresh produce we harvest to cook delicious, hearty meals. There's plenty to do with activated spaces on each floor and our onsite café, The Grove, is a social hub.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings



Home

- Modern single bedrooms with private ensuite bathroom
- Companion suites available up to 49m²
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Café with barista-style coffee
- Hair and beauty salon
- Multipurpose room



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **HealthCare** family