

# best move yet

At Katoomba Views Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us - so we can help you feel at home, have the right support and live your best life in our care.

Set in a historic building dating back to 1911, our Care Community retains the hospitality and homelike environment of years gone by. Located in the beautiful World Heritage-listed Blue Mountains, with delightful scenic views, we're within easy reach of local shops, cafes and amenities. With cosy lounges and covered courtyards, there are plenty of welcoming places to spend time with loved ones or enjoy quiet moments of reflection. Our companion model of care fosters a sense of family and belonging among our residents.

# Experience the Opal HealthCare difference at Katoomba Views



## **Daily life**

When the sun's out residents enjoy taking in the fresh mountain air in our garden and nurturing our plants. Our cat, Ollie, and our chickens bring delight and companionship, and often there's some friendly competition over billiards or board games. Creative activities are popular with residents, many of whom continue to be part of the arts and music scene in the Blue Mountains.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



#### Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Music, art, entertainment and events
- Social activities that encourage friendship and connection
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



### Home

- Comfortable single and companion bedrooms featuring bedside table, armchair, robe and soft furnishings
- Well appointed lounge and dining areas
- Landscaped courtyards with outdoor seating



#### Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care





#### Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.



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Part of the **Opal HealthCare** family