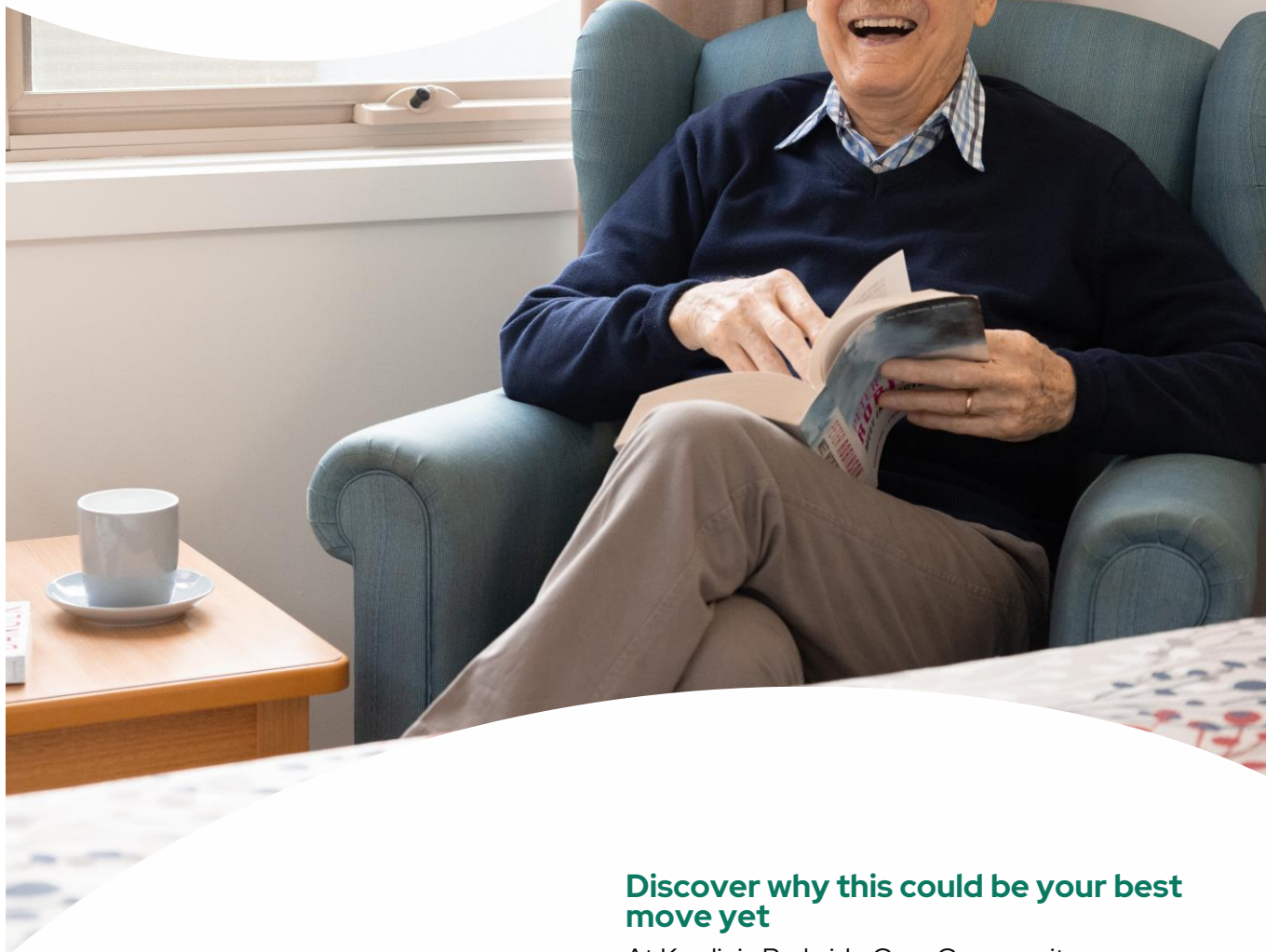




# Welcome to **Kardinia Parkside** Care Community



## **Discover why this could be your best move yet**

At Kardinia Parkside Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

At the heart of Geelong, Kardinia Parkside Care Community is perfectly located a short walk from the iconic Kardinia Park. Residents and their families can enjoy being conveniently close to Geelong's waterfront, local cafés and Westfield Geelong, offering many opportunities to explore the community.

Known for our welcoming, vibrant and inclusive environment, we have a diverse representation of cultural heritage. Residents enjoy our courtyards and gardens which offer peaceful spaces to spend time with family and friends, or have moments of quiet reflection.

**Ageing is living**

# Experience the Opal HealthCare difference at **Kardinia Parkside**



## Daily life

Enjoy all kinds of creative pursuits, whether its music groups, arts or crafts, or friendly table games. Our piano is a drawcard for music lovers to enjoy singalongs or simply relax to beautiful tunes from across the ages.

Many residents enjoy chatting with family and friends in our light-filled central courtyard.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Social activities that encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community support



## Home

- Comfortable single bedrooms with private ensuite bathroom
- Welcoming communal spaces
- Outdoor courtyard to enjoy nature
- Café with barista-style coffee
- Hair and beauty salon
- Onsite gym
- Billiard table and piano



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family