



Welcome to **Kanwal Gardens** Care Community



Discover why this could be your best move yet

At Kanwal Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located on the Central Coast in a tranquil bush setting with all rooms enjoying leafy garden views. We enjoy a peaceful coastal lifestyle surrounded by nature, with the amenities of the region and the local hospital close by. We're known for our extensive landscaped gardens and beautiful koi pond, and our gazebo overlooking the pond offers space for spending time with loved ones or moments of quiet reflection. We support all care needs. Our Memory Care Neighbourhood provides a safe and inclusive environment for residents living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Kanwal Gardens



Daily life

Our Care Community is a warm and loving place for people from all walks of life. Activity often centres around our garden, where residents enjoy potting plants or tending flowers, walking or watching our ducks, chickens and koi. With spacious indoor and outdoor living areas, there are plenty of places to relax, savour our chef's delicious food and engage in hobbies.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Extensive gardens and walkways
- Chicken coop
- Social activities that encourage friendship and connection
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



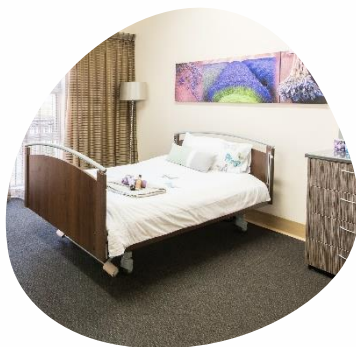
Home

- Traditional single and companion bedrooms with private ensuite bathroom
- Well appointed lounge and dining areas
- Landscaped gardens and courtyards with outdoor seating
- Function space
- Café with barista-style coffee
- Hair and beauty salon



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **Opal HealthCare** family