



# Welcome to **Highton Gardens** Care Community



## Discover why this could be your best move yet

At Highton Gardens Care Community, we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in a scenic residential neighbourhood in Geelong with Waurin Ponds Shopping Centre just a few minutes away and the best the Geelong region has to offer on our doorstep. Our lovely gardens are delightful year-round and abloom in the spring. Our well-appointed Care Community has spacious indoor and outdoor living areas, with shaded courtyards and a gazebo ideal for entertainers to perform, loved ones to spend time together or to enjoy quiet moments of reflection. We cater for all care needs and our Memory Care Neighbourhood provides a safe and inclusive environment for residents living with dementia.

**Ageing is living**

# Experience the Opal HealthCare difference at Highton Gardens



## Daily life

Many residents enjoy music and we're known for hosting musicians and entertainers. Our piano is popular among both players and listeners, and our coffee cart is in demand with residents and visitors, who can enjoy a barista-style coffee any time of day. We're a socially active Care Community and after spending time in the garden, walking, tending plants, or engaging in art, music or other hobbies, our afternoon happy hour is a lovely way to relax.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Barista coffee cart
- Piano
- Bus outings
- Wellness centre for rehabilitation and restorative care



## Home

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards with outdoor seating
- Hair and beauty salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Sensory garden
- Permanent, respite, dementia and palliative care
- Memory Care Neighbourhood

## Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family