



Welcome to **Coffs Harbour Grange** Care Community



Discover why this could be your best move yet

At Coffs Harbour Grange Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located on the beautiful mid-north coast of New South Wales, our beautiful and light-filled Care Community has a warm and welcoming country charm and enjoys leafy district views. Our gardens are a peaceful place to spend time, and our spacious terrace provides covered alfresco dining options and a BBQ to enjoy when family and friends come to visit. We have a well-stocked library and our Memory Care Neighbourhood provides a safe and inclusive environment for residents who are living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Coffs Harbour Grange



Daily life

Our raised garden beds are popular with residents who cultivating flowers and herbs. Many of our residents enjoy friendly competition around our billiards table or playing board games. There's plenty to do, whether engaging in arts, craft or music interests. Our covered balconies are ideal for our climate and we have a private dining room and children's play area for when family and friends visit.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings
- Walking paths
- Sensory gardens



Home

- Modern single bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Café with barista-style coffee
- Hair and beauty salon
- Private dining room
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available including physiotherapy
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 02 6659 4800

Email: coffsharbourgrange@opalhealthcare.com.au

Address: 50 Lakes Drive, Coffs Harbour NSW 2450

Website: opalhealthcare.com.au

Part of the **Opal HealthCare** family