



Welcome to **Canterbury Place** Care Community



Discover why this could be your best move yet

At Canterbury Place Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in a peaceful suburban street, with easy access to local shops, Campsie RSL and Belmore Sports Ground. We provide a happy and loving place for people from all walks of life, with tranquil gardens and courtyards ideal for enjoying visits from family and friends or quiet moments of reflection. Our diverse mix of cultural heritage is a point of connection for residents and team, and our companion model of care fosters a sense of family and belonging among residents.

Ageing is living

Experience the Opal HealthCare difference at Canterbury Place



Daily life

When the sun's out our green thumbs enjoy tending to our plants and being out in the garden. Sharing their cultural heritage through food is important to our residents, and our residents and chef choose our menus together. Our residents are actively engaged in their culture and have taught one another Mahjong and calligraphy, how to cook favourite recipes, prepare yum cha, and brew traditional Greek and Lebanese coffee.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated wellbeing team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Bus outings



Home

- Comfortable single and companion bedrooms featuring bedside table, armchair, robe, flat screen TV, soft furnishings
- Well-appointed lounge, dining and activity areas
- Landscaped courtyards with outdoor seating
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health available
- Memory Care Neighbourhood
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team is here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 02 9784 2111

Email: canterburyplace@opalhealthcare.com.au

Address: 20 Albert Street, Campsie NSW 2194

Website: opalhealthcare.com.au

Part of the  **Opal HealthCare** family