



# Welcome to **Ashmore Gardens** Care Community



## Discover why this could be your best move yet

At Ashmore Gardens Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little things about how you like to live each day is important to us – so we can help you feel at home, have the right support and live your best life in our care.

Located in the quiet suburb of Ashmore, our residents enjoy the best of both worlds with a leafy, peaceful outlook just 10 minutes from the centre of the vibrant Gold Coast. Our lush tropical gardens can be enjoyed from many vantage points, including direct access from some resident rooms. Our onsite cafe is a hub for community connections and our family support group.

Scan here for more  
images & information



**Ageing is living**

# Experience the Opal HealthCare difference at Ashmore Gardens



## Daily life

We have a thriving community of artists, crafters and a resident choir, while our green thumbs tend our gardens and take pride in nurturing our colourful flower beds.

Our Care Community truly comes to life hosting our annual Ashmore Gardens Night Market, bringing residents, team, family and friends together in a bustling marketplace offering local wares, delicious food and lively entertainment.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate - so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and cooking classes
- Dedicated wellbeing team onsite
- Music, art, entertainment and events
- Cultural and faith-based community supports
- Bus outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Wellness Centre for reablement and restorative care



## Home

- Traditional style single and companion bedrooms with private ensuite bathroom
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards with outdoor seating
- Function space
- Café with barista-style coffee
- Hair salon



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- On-site Chef preparing fresh and nutritious meals
- Primary and allied health services available
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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