



# Welcome to **Calamvale Parklands** Care Community



## **Discover why this could be your best move yet**

At Calamvale Parklands Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located less than 30 minutes south of Brisbane CBD, our Care Community is nestled in a quiet residential street bordered by parkland. Attractively landscaped courtyards form the heart of each building and provide a wonderful location for socialising or quiet reflection. We've a strong volunteer community and our diverse mix of cultural heritage is a point of connection for our residents and team, who enjoy sharing and celebrating their cultures.

**Ageing is living**

# Experience the Opal HealthCare difference at Calamvale Parklands



## Daily life

Whether walking through our bright tropical gardens, or relaxing in our shaded courtyards, there are plenty of ways to enjoy spending time outdoors. Our ladies group delight in brightening up our Care Community with their beautiful handmade floral arrangements.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Calamvale Parklands life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Dedicated Opal HealthCare bus for community outings



## Home

- Modern rooms feature single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, singles with ensuites, up to 18m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**



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Part of the  **Opal HealthCare** family