



Welcome to **Glenmore Park** Care Community



Discover why this could be your best move yet

At Glenmore Park Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located at the foot of the Blue Mountains, Glenmore Park Care Community is surrounded by the peaceful parklands and waterways of Glenmore Loch. Residents and their families can enjoy the convenience of local cafes, restaurants, Westfield Penrith and the renowned Nepean River.

Our Care Community features an onsite wellness centre, providing a team of physiotherapists, exercise physiologists and occupational therapists to help residents achieve improved mobility, independence and overall wellbeing, all in the comfort of their home.

Ageing is living

Experience the Opal HealthCare difference at **Glenmore Park**



Daily life

There's always plenty to do, with resident kitchens for making a cuppa or baking treats. Play some tunes on the jukebox, challenge a friend to a game of bowls or spend time on the computer in our adult learning space.

Our spacious indoor areas, shaded balconies and gardens are pleasant spaces to spend time with friends and family.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Glenmore Park life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus prepared daily by our chefs
- Dedicated lifestyle team onsite
- Social activities to encourage friendship and connection
- Music, art, entertainment and events
- Cultural and faith-based community support



Home

- Modern single and companion rooms with private ensuite
- Covered BBQ area on our terrace
- Indoor and outdoor areas
- Shaded gardens and potting sheds
- Hair salon and beauty bar
- Multipurpose entertainment lounges



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Primary and allied health
- Secure memory care neighbourhood
- Permanent, respite, dementia and palliative care
- Wellness Centre for reablement and restorative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **Opal HealthCare** family