



# Welcome to **Glen Osmond Grove** Care Community



## Discover why this could be your best move yet

At Glen Osmond Grove Care Community, we encourage our residents to live with meaning and purpose. That's why understanding the big and the little details about how you like to enjoy each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Nestled in a quiet and leafy residential area in Adelaide's east, our Care Community has easy access to all the amenities of Adelaide's CBD a short drive away.

We offer beautiful living spaces in a modern yet homely environment, with personalised care delivered by our experienced team. Our lush garden courtyards and spacious lounge areas are designed for contemporary indoor and outdoor living. It's an ideal environment for spending time with loved ones and enjoying the tranquil surroundings.

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more images  
& information



**Ageing is living**

# Experience the Opal HealthCare difference at Glen Osmond Grove



## Daily life

Whether it's enjoying a book in our library, spending time outdoors in our landscaped courtyards, or creative pursuits such as music, arts or crafts, there's plenty to do at Glen Osmond Grove Care Community.

We're pet friendly and welcome residents' pets. We have a visiting chaplain, and a musician who comes each week to play a tune or two with our music lovers. And our coffee shop is a great spot to stop and have a chat with friends.

It's an environment where you can enjoy your interests, independently or with others, continue to learn and try new things, and participate in Glen Osmond Grove life – so you can enjoy your day, your way.



## Home

- Comfortable rooms with king single bed, bedside table, built in wardrobe, flat screen TV, soft furnishings
- 5 room types, both shared and single; all featuring a private ensuite
- Well-appointed lounge, dining and activity areas
- Landscaped courtyard gardens
- Hair salon
- Café
- Library run in conjunction with Burnside Library
- Close to public transport
- Welcoming communal spaces



## Health & wellbeing

- Seasonal menus
- Dedicated lifestyle team onsite
- Pets welcome
- Social activities where participating in music, art, craft or personal interests is encouraged
- Opal HealthCare bus for community outings
- Cultural and faith-based community supports
- Resident committees to nurture agency in daily life



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**1300 362 481**

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