



Welcome to **Epping Meadows** Care Community



Discover why this could be your best move yet

At Epping Meadows Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is nestled in a quiet residential suburb in northern Melbourne, with local parks, reserves and the amenities of Westfield Plenty Valley nearby. We enjoy leafy views across the meadow that our home was originally named after, and residents enjoy spending time outdoors on our spacious terrace, tending to raised garden beds or socialising together. Our memory care neighbourhood provides a safe and inclusive environment for people living with dementia.

Ageing is living

Experience the Opal HealthCare difference at Epping Meadows



Daily life

Residents enjoy tending our gardens, cooking and participating in creative arts. Music enthusiasts often play our piano and our sewing station is popular with residents who are handy with a needle and thread. When the weather's good, residents spend time outside on the terrace where alfresco dining is also available.

We have strong ties to the local community and our retirement village neighbours are part of our extended family, often joining in activities together. It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Epping Meadows life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus and regular happy hour and high tea
- Dedicated lifestyle team onsite
- Raised garden beds
- Music, art and pet therapy
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings



Home

- Modern rooms feature single bed, bedside table, armchair, built-in wardrobes, flat screen TV and soft furnishings
- 4 room types, single or companion rooms up to 24m²
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and terrace
- Hair salon
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Secure memory care neighbourhood
- Sensory gardens
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **HealthCare** family