



# Welcome to **Highton Gardens** Care Community



## Discover why this could be your best move yet

At Highton Gardens Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in a scenic residential neighbourhood in Geelong with Waurin Ponds Shopping Centre just a few minutes away and the best the Geelong region has to offer on our doorstep. Our lovely gardens are delightful year-round and abloom in the spring. Our well-appointed Care Community has spacious indoor and outdoor living areas, with shaded courtyards and a gazebo ideal for entertainers to perform, loved ones to spend time together or to enjoy quiet moments of reflection. We cater for all kinds of care needs and our memory care neighbourhood provides a safe and inclusive environment for residents who are living with dementia.

**Ageing is living**

# Experience the Opal HealthCare difference at Highton Gardens



## Daily life

Many residents enjoy music and we're known for hosting musicians and entertainers. Our piano is popular among both players and listeners, and our coffee cart is in demand with residents and visitors, who can enjoy a barista style coffee any time of day. We're a socially active home and after spending time in the garden, walking, tending plants, or engaging in art, music or other hobbies, our afternoon happy hour is a lovely way to relax.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Highton Gardens life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Barista coffee cart
- Piano
- Dedicated Opal HealthCare bus for community outings
- Wellness centre for reablement and restorative care



## Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- All rooms are single ensuite, up to 15m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family