



Welcome to **Morningside Bay** Care Community



Discover why this could be your best move yet

At Morningside Bay Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is situated at Mt Martha on the picturesque Morningside Peninsula, close to the all the amenities of our thriving regional town. We are a warm and family-oriented home, with expert care complemented by country-style hospitality. Our light-filled home is well-appointed, with spacious indoor and outdoor living areas and an abundant fish pond. We're pet friendly and love our resident dogs. Bedrooms are spacious and some have small kitchenettes to enable more independence, and the majority have a garden or courtyard view.

Ageing is living

Experience the Opal HealthCare difference at Mornington Bay



Daily life

Our residents enjoy socialising around our bar at our daily happy hour and live entertainment is a regular event. Many residents participate in a letter writing program with local primary which nourished friendships. Movie nights in our theatre are popular and our annual dog show has become a highlight of the year, with dogs of all shapes and sizes competing for prizes.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Mornington Bay life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Cultural and faith-based community supports
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings



Home

- Comfortable rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, both single with private ensuite, up to 22m²
- Homely lounge, dining and activity areas
- Landscaped gardens and courtyards
- Hydrotherapy pool
- Hair salon
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Sensory garden
- Permanent, respite, dementia and palliative care
- Wellness Centre for reablement and restorative care

Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Phone: 03 5958 6600

Email: morningtonbay@opalhealthcare.com.au

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Our purpose is to bring joy to those we care for.

Part of the  **HealthCare** family