



# Welcome to **Dubbo Homestead** Care Community



## **Discover why this could be your best move yet**

At Dubbo Homestead Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in the health precinct surrounding Dubbo Base Hospital, with easy access to the town centre. We offer warm and welcoming country hospitality for people from all walks of life, many of whom are lifelong locals to the region. We have strong ties to the Dubbo community who have contributed a beautiful water feature to complement our new gardens and garden beds. Our shaded courtyard and BBQ area is a lovely place to spend time socialising or enjoy moments of quiet reflection. Our companion model of care fosters a sense of family and belonging among residents.

**Ageing is living**

# Experience the Opal HealthCare difference at Dubbo Homestead



## Daily life

We're a happy and inclusive community where everyone is welcome. Our gardens are popular with residents who like to admire the different varieties of plants, and those who enjoy growing fresh herbs for our chef to cook up in hearty, country-style meals. We encourage our residents to pursue their interests be painting or art therapy, listening to music, or enjoying Virtual or Augmented Reality experiences that support cognition and reminiscence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Dubbo Homestead life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Active community engagement
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Access to Opal HealthCare bus for community outings



## Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 2 room types, single with ensuite or companion, up to 35m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Gardens and courtyard areas
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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