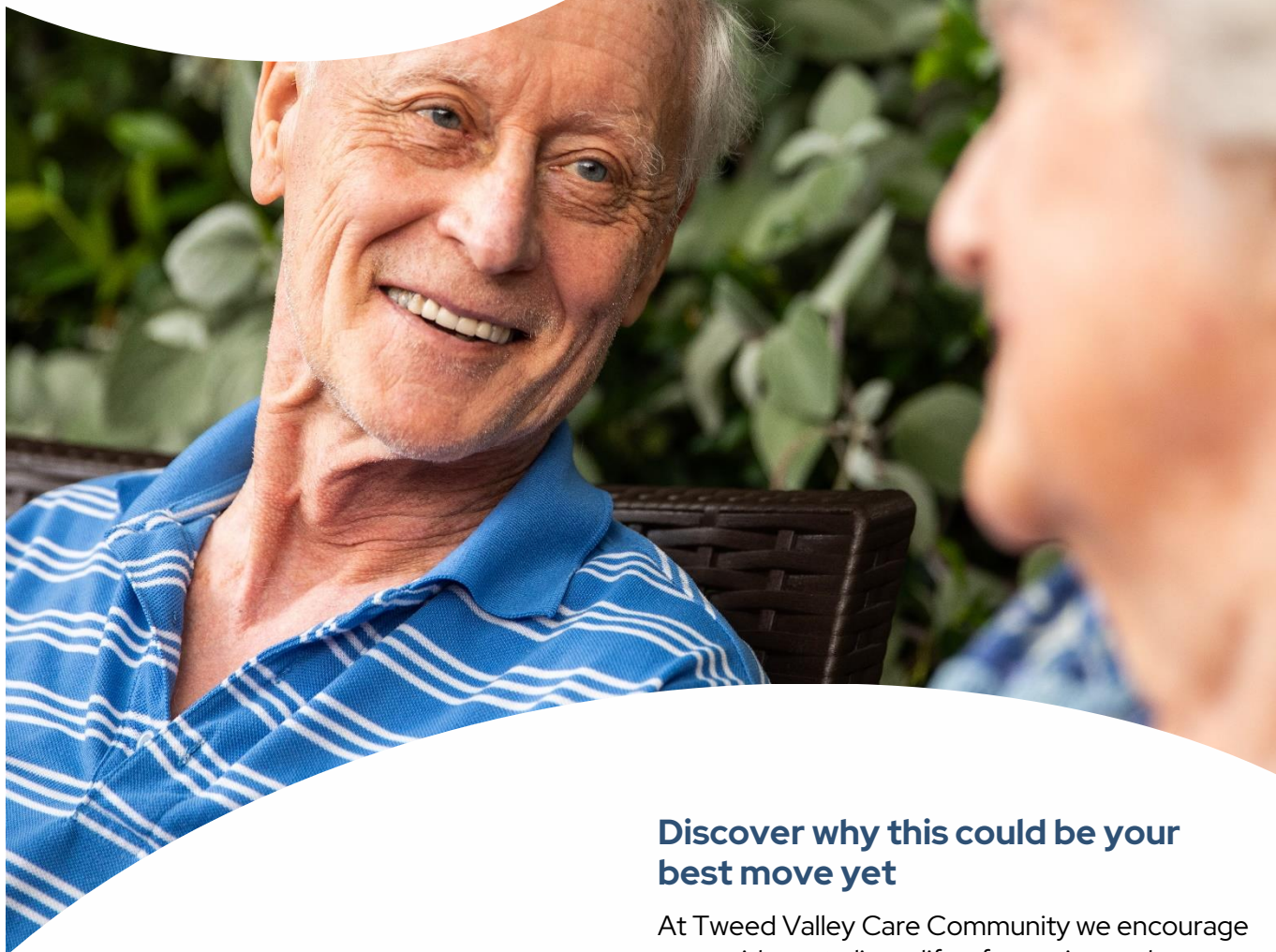




Welcome to **Tweed Valley** Care Community



Discover why this could be your best move yet

At Tweed Valley Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Set amongst the leafy surrounds of the beautiful Terranora Valley, our Care Community enjoys a peaceful location while still being close to everything the coastal lifestyle has to offer. We offer country hospitality and a warm and inclusive environment. There are many peaceful courtyards for residents to sit and connect with family and friends. Inside you'll find comfortable lounge areas, games room and an extensive library to enjoy a good book.

Ageing is living

Experience the Opal HealthCare difference at Tweed Valley



Daily life

Our full sized pool table sees many a friendly competition among residents while catching up over a coffee or a beer. Our resident gardeners tend to the planter boxes in the courtyard, and there's always great excitement when furry friends from the community come to visit. Our regular movie nights are popular among residents and our retirement village neighbours who often join us. Our chef is known for his legendary meat pies, the best in the region!

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Tweed Valley life – so you can enjoy your day, your way.



Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings



Home

- Modern rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 5 room types, single or companion all with ensuites, up to 35m²
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

Phone: 07 5599 6900

Email: tweedvalley@opalhealthcare.com.au

Address: Carramar Drive, Tweed Heads West NSW 2485

Website: opalhealthcare.com.au

Part of the  **Opal HealthCare** family