



# Welcome to **Somerville Gardens** Care Community



## **Discover why this could be your best move yet**

At Somerville Gardens Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in the picturesque Mornington region, just minutes from the stunning Peninsula beaches, local shops, public transport, and seaside villages, and ideally positioned for residents and families to maintain strong connections with the community. Our fragrant gardens are a delight to stroll around, spend time by the koi pond with family and friends, or enjoy quiet moments of reflection. With well-appointed internal living and dining areas, our home offers a warm and inviting environment with expert clinical and whole-of-person care.

**Ageing is living**

# Experience the Opal HealthCare difference at Somerville Gardens



## Daily life

Residents look forward to our happy hour get-togethers, and our menfolk like to enjoy a beer and some friendly competition around the snooker table. Our beautiful Steinway baby grand piano is well-loved by our musical residents and our gardens are a haven for those who love to put their green thumbs to work.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Somerville Gardens life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings
- Wellness centre for reablement and restorative care



## Home

- Modern rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 6 room types, single or companion, all with ensuites, up to 31m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family