



# Welcome to **North Lakes Terrace** Care Community



## **Discover why this could be your best move yet**

At North Lakes Terrace Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us - so that we can help you feel at home, have the right support and live your best life in our care.

Located in the heart of the North Lakes Health Precinct, our Care Community enjoys the very best that the Moreton Bay community has to offer, including specialist healthcare, extensive shopping destinations and thriving community clubs. Our home is modern yet homely, elegant and full of life. Expert clinical care is complemented by a lifestyle where residents can socialise with friends and family at our onsite café, enjoy being pampered in our beauty salon, or soak up the sweeping district views from one of our many terraced balconies.

**Ageing is living**

# Experience the Opal HealthCare difference at North Lakes Terrace



## Daily life

Our raised garden beds are popular with residents who like to spend time outdoors admiring the different varieties of plants, and keen gardeners who enjoy growing fresh herbs for cooking. Our chef cooks up the fresh produce in delicious and hearty home-style meals. Outings to nearby Lake Eden and the Redcliffe foreshore are popular, as is maintaining connections with children at the local kindergarten.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in North Lakes Terrace life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Opal HealthCare bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Modern rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- 6 room types, single or companion, up to 31m<sup>2</sup>
- Single rooms feature private ensuites
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Phone: 07 3384 2700

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**Our purpose is to bring joy to those we care for.**

Part of the  **Opal HealthCare** family