



Welcome to **Murdoch Gardens** Care Community



Discover why this could be your best move yet

At Murdoch Gardens Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in a peaceful neighbourhood adjacent to Murdoch University with a retirement village next door, our home is just 20 minutes south of the Perth CBD. A spacious and elegant home with flourishing gardens, we have a warm, family-oriented atmosphere and encourage residents to stay connected with the local community. With a dedicated wellness centre and a memory care neighbourhood offering a safe and inclusive environment for residents living with dementia, the health and wellbeing of our residents is at the heart of our care.

Ageing is living

Experience the Opal HealthCare difference at Murdoch Gardens



Daily life

Our residents enjoy staying active and participating in community life. Our theatrette is popular for movie afternoons and our theatre nights are an opportunity to take to the stage or sit back and enjoy the entertainment. We're a pet friendly home and welcome visits from animals large and small. Our resident gardeners tend to our flower beds and keep our plants looking beautiful.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Murdoch Gardens life – so you can enjoy your day, your way.



Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Cycling Without Age outdoor experiences
- Opal HealthCare bus for community outings
- Wellness centre for reablement and restorative care



Home

- Modern rooms with single bed, bedside table, armchair, robe, flat screen TV, soft furnishings
- 9 room types with private ensuites, with apartments up to 57m²
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Function space and theatrette
- Welcoming communal spaces



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **Opal HealthCare** family