



# Welcome to **Meadowbank Grove** Care Community



## **Discover why this could be your best move yet**

At Meadowbank Grove Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Opened in 2020, our Care Community is setting the bar for elder care living. Centrally located in the Ryde community, we're close to Meadowbank Park and many beautiful walkways long the Parramatta River. There are multiple transport options nearby together with, hospitals, shopping centres and local villages. Our Care Community features luxurious living spaces indoors and outdoors, with a spacious al fresco BBQ and dining area, and many of our well-appointed suites offer stunning district views across the Parramatta River. Our memory care neighbourhood provides a safe and inclusive environment for residents who are living with dementia.

**Ageing is living**

# Experience the Opal HealthCare difference at Meadowbank Grove



## Daily life

We provide a happy and social environment where participating in music, art, craft or personal interests are encouraged. Playing or listening to our grand piano is a popular past time. Gardening enthusiasts enjoy tending to our garden beds and herb gardens, which our chef using the fresh produce chef to cook up delicious hearty meals.

There's plenty to do with activated spaces on each floor and our onsite café, The Grove, is a social hub.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Meadowbank Grove life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal HealthCare bus for community outings



## Home

- Beautifully appointed rooms with king single bed, bedside table, armchair, built-in robe, flatscreen TV, soft furnishings
- 6 room types, all single with ensuite, up to 49m<sup>2</sup>
- Companion suites available up to 49m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyards
- Café onsite open to the community
- Hair salon
- Function room



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **HealthCare** family