



# Welcome to **Inverloch Coast** Care Community



## **Discover why this could be your best move yet**

At Inverloch Coast Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in the beautiful seaside resort and fishing port of Inverloch, our Care Community is ideally located to take in the serenity of the local area, with amenities of the town centre and Gippsland region close at hand. Our light-filled indoor and outdoor living areas are perfect for our climate, and our gardens dotted with water fountains and streams ideal for spending time with loved ones or moments of quiet reflection. Known for our expert care and welcoming hospitality, we cater for all kinds of care needs and our memory support neighbourhood provides a safe and inclusive atmosphere for residents living with dementia.

**Ageing is living**

# Experience the Opal HealthCare difference at Inverloch Coast



## Daily life

Residents enjoy tending to our raised garden beds, exploring food and culture from around the world with armchair travel sessions, walking up the road for a coffee, or getting together for happy hour. Resident green thumbs nurture our herb, fruit and vegie gardens, harvesting fresh fruit, herbs and vegies which our chef cooks up in delicious, hearty meals.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Inverloch Coast life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Fruit and vegie gardens
- Social activities
- Opal HealthCare bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Comfortable rooms feature single bed, bedside table, armchair, robe, flat screen TV and soft furnishings
- 6 room types, single or couple with ensuite, or companion up to 37m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard areas
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory gardens
- Permanent, respite, dementia and palliative care



## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family