



Welcome to **Bairnsdale Parklands** Care Community



Discover why this could be your best move yet

At Bairnsdale Parklands Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Our Care Community is located in scenic East Gippsland offering easy access to the Bairnsdale town centre and nearby Gippsland Lakes offers the perfect setting for day trips in our bus.

Set amongst beautifully manicured gardens, we're spoilt for choice with many beautiful spots for staying active, socialising with family and friends or enjoying moments of quiet reflection. Our well-appointed living spaces are filled with light and all the comforts of home. We're known for our expert care and warm and inviting country hospitality.

Ageing is living

Experience the Opal HealthCare difference at Bairnsdale Parklands



Daily life

Our gardens are popular with residents who enjoy spending time outdoors admiring the different varieties of plants, growing fresh herbs for cooking, or taking daily walks. Music is part of the heart of our Care Community and our organ is popular for playing and singing along to tunes new and old. We encourage residents to pursue their interests be it painting, crafting or enjoying Virtual or Augmented Reality experiences that support cognition and reminiscence.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Bairnsdale Parklands life – so you can enjoy your day, your way.



Health & wellbeing

- Seasonal menus
- Dedicated lifestyle team onsite
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal HealthCare bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



Home

- Modern rooms feature single bed, bedside table, armchair, robe, TV, soft furnishings
- 3 room types, single or companion, up to 26m²
- Some single rooms feature private ensuite and external access to gardens
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and BBQ area
- Private function space and coffee lounge
- Hair salon



Care

- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Sensory gardens
- Permanent, respite, dementia and palliative care

Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **Opal HealthCare** family